

# THE HERALD'S PAGE FOR EVERY WOMAN

EDITED BY JULIA CHANDLER MANZ

## CHILDREN LIKE SOMETIMES TO EARN A LITTLE MONEY

There Are Many Little Ways in Which the Little Folks Can Help the Family Fund or Add to Their Own Bank Account.

It is not always the older members of the family who are anxious to earn a little money; the children often think that they would like to help mother by making a few dollars a month, and so they can if they will stop to think a few minutes.

The boy or girl who lives in the country or small town can make quite a little extra money to help the family bank account by delivering the daily evening newspaper to some ten or twelve families. This work may be done after school hours and may be carried on all through the winter months.

In the country the train hands throw the papers off at the stations along the road, and the children undertaking this work should, of course, be on hand to receive the papers and be particular about delivering them as soon as possible.

It would be wise for the child in question to try to have for his or her customers those who live near together. Especially is this important in the country, as the roads are often bad, and the fact of having the customers in the near vicinity will help the small child quite a little. Of course, the newspaper girl or boy must always be on hand if he wants to make a success of the work.

Another Way.

Another work somewhat on the same line is the delivering of mail to people in the country who live some distance from the post-office. The first mail can be gotten before school hours and the last one either on the way home from school or a few hours later, depending, of course, upon when the post-office closes. In a town where there are many boarding-houses, and where one of the servants is regularly sent for the mail, \$1 or \$1 a month, and sometimes more, can easily be made from this work.

Old ladies who so often frequent a boarding-house of this sort will be willing to give from 25 or 30 cents a month for having the mail delivered twice a day. The best way to get in touch with these people is to call at the boarding-house, or any house, and ask if the members of the family would like their mail delivered during the winter months.

If the boy or girl calls at the post-office for many different mails, it would be a splendid idea to buy a canvas bag or a bag of some sort, and to put all letters in this, then there would not be any possible chance of losing Uncle Sam's mail.

Each person's letters should be counted.

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All of Our Services Are Custom Made and Manufactured in Our Own Factory.  
**BRAIDS MADE UP FROM COMBINGS** \$2.00  
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The Sanitary Beauty Parlors  
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B. F. SUTOR, Mgr. 1006 F. J. N.W.  
We Give Votes in The Herald's \$25,000 Contest.

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**HOME SHOE CO.**  
3300 GEORGIA AVE.  
Because We Have Decided to Move to  
**526 H ST. N. E.**  
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Cowns at Special Summer Rates.  
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Largest stock ever carried. Also Laces, Dry Goods, Hosiery and Embroideries.  
MRS. J. A. MOUDY,  
3430 Georgia Ave. N. W.  
We Give Votes in The Herald's \$25,000 Contest.

**PRESCRIPTIONS PROPERLY PROPAGATED.**  
The Vanguard Pharmacy,  
Under New Management,  
Rock Creek Road and Ga. Avenue.  
Night Service.  
We Give Votes in The Herald's \$25,000 Contest.

**EWALD'S Butter Toast BREAD**  
5c ALL GROCERS 5c  
Have the label. Good for 5 votes in \$25,000 contest.

## SOME LITTLE HINTS WORTH KNOWING

Cleaning Satin and Washing Fine Glass.

Take equal proportions of spirits of wine and warm water, sponge the satin on the right side with this, working down the material and not across it. While still damp, iron on the wrong side.

Another plan is to clean the satin with the following mixture. Four ounces of honey, the same quantity of melted soap mixed with one egg and one wineglass of gin, using a stiff brush. When the satin appears clean, rinse in cold water; press between clean cloths to dry or hang up to drain.

Iron while damp and thoroughly dry before folding.

There is nothing that repairs one more for careful washing and drying than glass. First one must have a bowl of warm water softened with dissolved soap, which makes a very good lather. Too hot water should not be used, as it might crack the glass.

Rinse Glass Well.

Have a bowl of clean water to rinse the glass in after washing it and if a very fine polish be desired on it have a third bowl of cold water with a little ammonia in it. Wash each article separately, rinse it well and dry with a soft glass cloth, which should be made of linen or little fluffy particles will stick to the glass and spoil the appearance.

When it is washed and dried polish with a leather kept for the glass, or with a silk handkerchief, or with some soft tissue paper.

Have an aluminum pan containing about two gallons of cold water. In this dissolve a piece of washing soda about the size of an egg and heat the solution to boiling point. Drop into this the silver to be cleaned, taking care to keep silver work for three or four minutes. Lift out with a wire spoon or long handled spoon, wash in hot soap suds and wipe quickly with a perfectly dry towel. The pieces so cleaned will be as highly polished as when new.

This process will neither injure plated nor solid ware. When all the silver is finished, there are any places that do not look white and clear, rub them with a little dry white and a dry duster; then polish off with a soft, dry cloth.

To Clean Feather Box.

Prepare a soap lather and one or two lukewarm rinsing waters. Place the box in the soap lather and wash it by squeezing between the hands till quite clean. Rinse it well to take out all the dirty water and soap.

When this is done, squeeze the water out of the feather and roll in a cloth, which will absorb the moisture. Take hold of the box by the ends and twist each in the opposite direction, thus giving a rotary twist to the box. Fasten a piece of tape to each end and tie this to a line to prevent the twist from becoming undone. Shake the box to separate the fronds, and leave it until quite dry, occasionally shaking it to keep the fronds apart.

The drying process should be done in a warm place, so that it will dry quickly, and the fronds thus become fluffy, when it is ready for curling.

PATTERN IS OBTAINABLE.

5855



Here is one of the most beautiful coat models of the season. It is pretty fashioned of whipcord, pongee, or linen, and has stylish revers made of all over lace, and standing collar and turned back cuffs of satin. The garment is twenty-eight inches long, and has the closing line slightly cutaway. The fastening is effected by two buttons.

The pattern, No. 5855, is cut in sizes 22 to 42 inches bust measure. Medium size will require 3 1/2 yards of 36-inch material, 2-3 of a yard of 24-inch satin, and 1-3 yard of 22-inch all over.

The above pattern can be obtained by sending 10 cents to Pattern Department of The Washington Herald.

## ATTRACTIVE NEW BLOUSES FOR FALL

Striped Chiffon Will Be Very Much Used.

The busy shopper, out with an eye for new features, stopped and looked at the new dressy and semi-tailored blouses, and very attractive in every way she found them. Chiffon, either plain, accordion pleated or combined with two or more colors and an equal variety of laces, fashions most of the matinee and afternoon blouses in general, while charmeuse and crepe de chine form nearly all of the semi-dressy waists. There seems a decided absence in the new imported blouses of the Robespierre collar, which has been so popular all summer. A few of the designs show a bit of the Robespierre collar, while still retaining the V shape opening in front and some kind of a collar, do not show the deep double frills which are truly so becoming.

One charming waist is fashioned of wide blue and white striped chiffon, which is decidedly new this year, and the semi-dressy length sleeves are finished with turned-back cuffs of white chiffon to match the veiling on the waist. This blouse, while very striking, could be worn by the woman in slight mourning, as well as by the girl or woman who is particularly fond of the becoming black and white combination. The design also comes in several other combinations of colors.

A deep blue chiffon waist shows the new Van Dyke collar of white chiffon, with its deep points rolling over from a little yoke of shadow lace.

Navy blue, black, and gray seem to be the leading colors in the new imported blouses. A charming waist of navy blue charmeuse has a very deep pointed opening, which is filled in with fine tucked net. The pretty and very new touch given to this design is in the unbuttoned effect of the front opening.

Buttons of Black Chiffon.

Another blouse is of black chiffon with a wide veiling of white chiffon. This covers the entire front and the back, and the edges are hemmed by hand. The three-quarter length sleeves are finished with turned-back cuffs of white chiffon to match the veiling on the waist. This blouse, while very striking, could be worn by the woman in slight mourning, as well as by the girl or woman who is particularly fond of the becoming black and white combination. The design also comes in several other combinations of colors.

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Buttons of Amber.

Lovely little amber buttons decorate it on the right side, and the simulated buttonholes on the left are of amber-colored meshwork.

A tie in this same colored silk comes around the neck and falls in front of the tucked net opening.

White chiffon, combined with blue, forms another dressy little waist; the upper half is of the white, while the lower part is fashioned from the blue.

A very good looking semi-tailored waist is made of blue charmeuse, and opened in front, without a frill of any kind. The fullness of the skirt is gathered in the waist, and the skirt is made in one with the back. The collar of this design was very high and plain, with the exception of little tabs, which turned back from the neck in front. These were faced with amber-colored charmeuse. All the sleeves are shown on many new models.

Stripes and Plaids.

The fashionable approval which stripes, plaids and checks have enjoyed during the past summer, besides the various colored effects, will be retained. Stripes are laid at various angles and so form one of the new trimming features.

A MOTHER'S PRAYER.

By GEORGE F. HERNDON.  
Thou givest me, O God,  
A sweet rest,  
Whom sleep now breathes the soul,  
Bring back sleep,  
I need it, I need it,  
My little one,  
And dreamt out such wild words  
Could sound so close.  
I try to be so fast,  
Though hard it seems,  
For in the dream night late  
Thou comest down,  
A baby form and face  
With coming tears,  
And smile her smiling place  
In mother's arms.

But, oh! the waking hour  
Brings poignant pain,  
For then my little flower  
Flies away again.  
My heart is faint, great God,  
Thou bid me, Father dear,  
I follow thee,  
My lead me, Father dear,  
For one I need, Thy dear  
Where's my dear one?

New Color and Whim.

Brown has become one of the leading colors for autumn, and nowhere does it seem more in harmony than in the new cloths for fall and early winter.

Another fashionable whim, a continuance of the summer's mode, is the vogue of having the coat of one material and the skirt of another.

## THE NEW TRAYS ARE REALLY BEAUTIFUL

Hand Embroidery Foundation for Many of Them.

The shops are full of really beautiful and inexpensive trays, and you can, if you wish, improve on them and add a touch of individuality to them that will make them distinctively yours.

Consider first the tray of cretonne, under glass, with a wicker or wooden frame. Don't buy just any tray because it strikes your fancy, but have a piece of the same cretonne or chintz that you use for your summer hangings made into a tray. It will then become an integral part of your scheme of the house decoration.

Alluring Design.

If you do cross-stitch and who does not nowadays—you can make the most alluring sort of a tray. Begin by putting your initials in the middle. Add a stiff bouquet or orange tree at each side and a basket of flowers with a daisy bird above and a cluster of rose buds beneath. Then measure carefully, and work a border of rosebuds, or oranges and leaves all around. The work should be handwoven in cream or greenish color, and you must choose your colors to match the color scheme of the room where it is to be used. Then have this finished framed in mahogany or green enamel molding, and add a brass handle. It will be something which every one will exclaim over and which your children and grandchildren will cherish.

A very effective tray may be made by putting one of the fine Japanese stencil over a piece of golden yellow or deep blue grass cloth, and framing the whole thing in a piece of dark oak, rubbed down with a piece of fine sandpaper.

Very general use in the dining-room is a very handsome tray of mahogany, framed in a piece of white linen on which has been embroidered an elaborate monogram. The work was done in solid and seed stitch, and the design was round.

A tray of this kind would make a good wedding present. It certainly would be an inexpensive one.

Tray for Cocktails.

If you serve cocktails in the drawing-room before dinner you might fancy one of the long and narrow trays on which the cocktail glasses sit in a row. The foundation of this tray may be a strip of blue or green cloth, and a bit of your grandmother's wedding dress or of the ball gown which she wore to her first assembly.

In short, great imagination and a little industry, the trays which are so useful may be not only beautiful, but highly interesting and individual.

Life Story of a Famous Woman Philanthropist.

How few women nowadays know much of the early life of Elizabeth Fry, the great English philanthropist. She was born in Norwich, England, May 21, 1780, and was the daughter of John Gurney, a wealthy merchant. Mrs. Gurney was a descendant of the Barclays of Uxbridge, and was a woman of great personal beauty, and singular intelligence for her times. Elizabeth well might have been a mother, and used often to cry at night at the thought of death taking her away.

In the daytime when Mrs. Gurney would lie down to rest, her children would creep into the bed to see if she were breathing. The Gurneys house, Earls Hall, was a stately mansion, and stood in the midst of a well wooded park. The views around the place were so artistic that artists used to love to come there to sketch.

When Elizabeth was about twelve her mother died, and this was a terrible blow to the sensitive child. Her father was always afraid of the dark, and after her mother's death pleaded to have a light left in her room at night. Her feelings, however, were only regarded as the whim of a child, and little attention was paid to them. In spite of her early nervousness Elizabeth grew to womanhood with very pleasing and natural manners; she had a quick, penetrating mind, and was original in her way. She was a skillful horsewoman and was fond of out-door life, and while her family were Quakers, she did not adopt the gray dress until later in life.

Impressed by Speaker.

When she was about seventeen William Savery, an American friend, came to England to spend two months preaching in the British Isles. The seven Gurneys went to hear him, and Elizabeth was so impressed by the speaker that she went during the services and nearly all the way home. From that day her love of pleasure and her way of life were changed.

She believed that God had sent her this awakening that she might better serve Him.

Soon after Mr. Savery's visit she went to London for a short stay, that she might, as she said, "try all things" and choose for herself what appeared to her to be good. She found that the London pleasures were not very satisfying, and which she found to be earthly pleasures.

At twenty she received an offer of marriage from Joseph Fry, but she hesitated for some time before finally deciding to marry him. She had at first thought that a real home life would interfere with her church duties, but such

IT PAYS TO BUY GOOD MATERIALS FOR THE TOTS

In buying material for children's clothes it is always wise to remember that cheap material never pays in the long run, as it will not stand the wear and tear all little children's clothes demand.

Especially in a family of growing children does it pay to buy materials of good quality, as a dress which has been outgrown by one child this year may be worn by her little sister next year, provided the material has been well chosen.

Orange Cakes.

Two tablespoonfuls flour, two ounces butter, one tablespoonful rice flour, two ounces sugar, one egg, one orange, one-half teaspoonful baking powder; beat the butter and sugar to a cream and grate the orange rind into it; then mix the two flours and baking powder and stir slowly into the butter and sugar mixture; stir in the juice of the orange and the beaten egg and mix all together; give all a good stirring.

Queen Water Power Vacuum Massage Machine.

Home massage treatments, now within the reach of every family, are made possible by this machine any person can build up the muscular system, and restore to the skin a clear, healthy, youthful appearance. The machine operates on the vacuum principle, through massage cups. These cups are made of a soft, pliable material, and are used over the face and body; gently exerting a steady, even pressure, and restoring perfect circulation, thus removing all the impurities from the pores, and building up the worn tissues under the skin.

A few minutes' use each day will soon eradicate wrinkles in the face, neck, or body. Can be used in every home with running water—just slip over the faucet, and it is ready for use—made of cast aluminum. Satisfaction guaranteed or your money refunded. Free demonstration in your home. Simply send us your name and address and we'll send you a booklet of "Beauty Secrets."

Mail orders filled promptly.

\$5.00.

Queen Vibrator Co.

520 12th St. N. E.

We Give Votes in The Herald's \$25,000 Contest.

Here rich materials are used in simple lines and left almost without trimming.

Hat, dress, and shoes are of black velvet, with ostrich tips trimming the former and cut-steel embroidery being used sparingly on the dress. An effective combination for one of brilliant color.

Country Is Awakening to the Fact that Our Girls Enter the Most Important Business in Life Without Proper Equipment.

By JULIA CHANDLER MANZ.

A four years' course in household arts was recently proposed for installation in the schools of Milwaukee and the program was adopted by the board of education, which means that the high school course of that city will include not only the regular work, but five double periods a week in cooking, sewing, and other household arts. The course formulated by the board of education is as follows:

First year—First semester, English, algebra, physiology, hygiene, cooking, sewing; second semester, English, algebra, some elective study, cooking, sewing.

Second year—First semester, English, geometry, sociology, dressmaking, laundry work, household accounting; second semester, English, geometry, botany, military, emergency, and home nursing, invalid cooking.

Third year—First semester, English or foreign language, chemistry, some elective study, millinery, marketing, advanced cooking, advanced sewing; second semester, English or foreign language, chemistry, some elective study, dressmaking, and textiles, home decoration, furnishing, sanitation.

Fourth year—First semester, English or foreign language, United States history, physics or elective study, advanced dressmaking, and tailoring, household management, and home nursing.

While the course will be elective for the present it is the purpose of Supt. Carroll G. Pearce and members of the Milwaukee school board to make it eventually compulsory.

Three semesters of free-hand drawing, as well as home decoration and furnishing, are necessary for pupils graduating from the new course. It is a dilapidated house at least one city in our fair land has at least awakened to the present inadequacy of our present public school system in the training of our young daughters for the practical duties of their probable careers as wives, mothers, and homemakers.

Neglect Our Girls.

As proud as we are of our educational system; as much as we admit its growth and betterment, we cannot fail in our observation of how little our high schools do toward fitting girls to follow the average and normal destiny of woman.

Let's look at the average girl for a moment.

One Mother's Angle.

A mother told me not very long ago that she didn't intend to teach her daughter what she was pleased to term "drudgery" (meaning housework), because she wanted her to have an unhampered girlhood, and "she would have to learn to cook and sew and house clean some other way."

"Did you know how to cook, and sew when you married?" asked the girl's mother.

"Certainly not," she told me in a dispassionate tone which implied that my question was an insult.

"Any girl can learn to cook if she has a good cook book, and after she is married is time enough," she went on. "I had never made a cake, or a coffee, or a boiled steak in my life when I married," she ended as proudly as though she were announcing some rare accomplishment she possessed.

If knowledge of work which is consuming one's life energies is an accomplishment I have yet to see its benefits.

In this case I happen to know that the woman who boasted of her ignorance prior to her marriage has much yet to learn, and has acquired what knowledge she has gained through experimental learning, all at the expense of her own health, and who has been a slave to his work in order to meet the demands of a home which is made and governed by an incompetent woman who knows little of food values and not much more of her preparation.

The Average Girl.

The average girl in this day of tremendous prices for everything has her own cooking to do, her own marketing, and much of her own sewing.

If she expected to practice at the bar, she wouldn't dare attempt the examination necessary to a license without first studying law.

No girl would imagine that she could take dictation in shorthand without having first learned to do so.

Study and experience are necessary to the success of any profession, and of them all homemaking requires the greatest accurate knowledge and judgment.

It should be made a part of the curriculum in our schools, for the majority of them will spend their lives in this business of which they will make a success or a failure in accordance with their preparation for the job.

Easter Lilies.

Any good sponge cake recipe will do for the lilies, but I will inclose mine. Two eggs, whites and yolks beaten separately; 1 cupful of sugar beaten with whites, then add yolks; 1 cupful of flour (unsifted) after sifting, then sifted with 1 heaping or 2 level teaspoonfuls of baking powder, when well beaten add 3-4 cupful boiling water and flavor; drop just enough for a very thin cake in small round tins. (I use the covers of coffee cans.) Bake only 2 or 3 at a time. Remove from the tins while hot and roll into cornucopia shape, fastening the ends all at the expense of the lily. When cold fill with whipped cream. These are very pretty and delicious.

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Home massage treatments, now within the reach of every family, are made possible by this machine any person can build up the muscular system, and restore to the skin a clear, healthy, youthful appearance. The machine operates on the vacuum principle, through massage cups. These cups are made of a soft, pliable material, and are used over the face and body; gently exerting a steady, even pressure, and restoring perfect circulation, thus removing all the impurities from the pores, and building up the worn tissues under the skin.

A few minutes' use each day will soon eradicate wrinkles in the face, neck, or body. Can be used in every home with running water—just slip over the faucet, and it is ready for use—made of cast aluminum. Satisfaction guaranteed or your money refunded. Free demonstration in your home. Simply send us your name and address and we'll send you a booklet of "Beauty Secrets."

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## TRIMMED WITH PEARLIES.



This somewhat English name is given to the pearl buttons which promise to be fashionable trimming for autumn.

On this dark green velvet dress they form almost the only decoration. Other contrasts are made by piping and folds of light green satin and a bit of cross stitch embroidery in bright scarlet at the neck.

ECHOES FROM THE PAST

RECALL WOMEN'S COURAGE

By FRANCES SHAFER.

Such strange echoes one gets from the past sometimes!

In that little sketch of Lucy Stone, written by her daughter, Alice Stone Blackwell, there are some interesting reminiscences which bring one in touch with the spirit of those earlier times.

The faculty of Oberlin College, which she was attending—the only one broad enough to let her in at all—would not permit young women students to take part in the debates which were part of the requirements for young men. So she and a few other girls defiantly went off by their lone and organized a debating society of their own. It must be done secretly, so they would go to their meeting place one or two at a time, in order to escape attention by their numbers.

Sometimes these debating societies were held in the cottage of an old colored woman, and sometimes they sought the seclusion of why some met in the unoccupied by the faculty they went over the very ground taken by their brothers out in the open. And presumably they went over some ground never turned over by their brothers at all.

Spoke with Others.

During her college course it happened that the colored people in the vicinity prepared to celebrate the anniversary of West India emancipation, and they invited Lucy to speak. But they also invited the president of the college, as well as some of the professors, and then something happened. The next day she was called before the "ladies board" and asked to explain her unwomanly and unscriptural conduct. The wife of the president asked her if she did not feel embarrassed and out of place on the platform among all the men. But the young speaker saw in them only the president and professors whom she met in the class rooms every day, and when she told them just how at ease she felt, how natural and unafraid, they warned her of the evil of her ways, and let her go.

And when the college was all over, she was selected to write an essay to be read at the commencement. But she was told that it would be quite improper for a woman to read her own essay in public, one of the professors would be selected to read it for her. But they reckoned without their woman-hater, for she would have some of that, and declined the honor, preferring not to write it at all if it must be turned over to other hands, in the name of womanhood. That was in 1847.

After Forty Years.

Forty years went by, and when Oberlin was ready to celebrate its semi-centennial, Lucy Stone was invited to be one of the speakers. And she delivered her own message.

When she began lecturing it was a great novelty to see women on the platform, and large audiences were attracted. They went with minds all made up to see a sour-faced, angular, masculine woman and to hear a sharp, high-pitched voice aggressively scolding men and conditions in general. Instead, they found an unassuming, little woman, sweet of face and winning of manner, and they heard a voice so strangely pleasing that

they never forgot it. And they listened to her, when they violently quailed at other speakers.

Yet she knew what it was to face hostile audiences here they burned pepper, threw "epithets" and epithets no less offensive, and did all they could to disconcert the speaker and break up the meetings.

And when one thinks of her delightful personality, her culture, her broad mind and big heart, one loses herself in a tangle of wonderment concerning the strange way they had of spreading civility and protection in those days. Because Lucy Stone, and the others of her kind, did nothing then that is not taken for granted to-day as quite the natural thing.

And she was one of the old-fashioned housekeepers, watchful over the little things and mindful of the big, loving as a wife and ideal as a mother. But in her makeup there happened to be a rare blend of gentleness and courage, and she did what only the few had the temerity to do—she